

Tramping with the kids? Here's a checklist to help with packing.

**The kids can carry:**

- Water
- Whistle
- Toque/beanie
- Sunhat (in the summer)
- Head torch/headlamp
- Matches
- Emergency blanket
- Band-aids/plasters
- Swiss army-style knife\* or multi-tool
- Snacks
- Warm fleece layer (in the summer)
- Rain jacket
- Rain pants
- Togs/swimsuit (in the summer)
- Puffer (in the winter)
- Mittens (in the winter)
- Slippers, sandals or hut shoes
- Full set of spare clothing (top, bottoms, undies, socks)
- A fuzzy friend or a special book

**Parent carries:**

- Rain jacket
- Rain pants
- Warm fleece layer (in the summer)
- Sunhat (in the summer)
- Togs/swimsuit (in the summer)
- Puffer (in the winter)
- Mittens (in the winter)
- Toque/beanie
- Slippers, sandals or hut shoes
- Sleeping bag(s)
- Pots
- Dishes and utensils
- Stove & Fuel

- Biodegradable soap
- Toilet paper, trowel
- Binoculars
- Rubbish bag
- Toiletries: Toothbrush(es), toothpaste, floss, hair elastics, lip balm, sunscreen, insect repellent, hand sanitiser, tissues, aloe, after-bite, arnica
- Board games, deck of cards
- E-book stocked with bedtime stories
- Full set of spare adult clothing (top, bottoms, undies, socks)
- Spare children's clothing: socks, merino layer(s), undies
- Head torch or headlamp & spare batteries.
- First aid kit
- Matches
- Emergency blanket
- Phone
- Wallet
- Camera
- Watch
- GPS
- Map
- Compass
- Sunglasses
- Hut pass(es)
- Pen
- Water purifier
- Tent
- Camping mats
- Tarp
- Food
- Breakfast – e.g., Pancakes & maple syrup, green tea
- Lunch – e.g., Peanut butter & honey sandwiches
- Dinner – e.g., cans of beans and corn chips
- Treats, snacks, and desserts – e.g., fruit/veges, muesli bars, marshmallows
- Emergency dehydrated meal

Anything to add? Let us know at [megdrive.com](http://megdrive.com)